



OASIS Walk: Patient Home Health Mobility Assessment

CommonSpirit Health at Home is committed to advance the functional ability of our patients with a specific focus on strategies to improve ability to perform ambulation/locomotion during home care episodes. Accurate assessment of patients' ambulation ability at start of care (SOC), resumption of care (ROC) and prior to discharge is critical in establishing care plan goals and evaluating improvement in health status.

The video linked below, by the Visiting Nurses Association, demonstrates how to objectively evaluate the patient's ability to safely interact with his/her environment by leading the patient through a series of functional activities, real and/or simulated to accurately assess:

- **Environmental barriers**
- **Use of assistive devices and adaptive equipment**
- **Cognitive and physical capacity**
- **Need for human assistance, i.e. cueing, supervision, contact guarding**

OASIS Walk Video Link: <https://youtu.be/26xezjylcgk>